

TONS OF USEFUL STUFF Men's Health

Get Back in Shape!

A Brand New Body in 28 Days

10x Your Life

Get More Done, Waste Less Time
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HOT DEAL!

\$145

NEW YEAR NEW DICK

BY BEN GREENFIELD

PHOTOGRAPHS BY
ANDREW HETHERINGTON

JUST THE TIPS

The other dick experiments our intrepid author tried.



HIGH-INTENSITY ACOUSTIC SOUND WAVE THERAPY

▶**WHAT** Shock wave therapy has been used to break up kidney stones. The idea with the penis is to treat a root physiological cause of erectile dysfunction: poor bloodflow. Eight to 12 weeks after the procedure new blood vessels are supposed to grow in the genitals, a process known as neovascularization.

▶**HOW** Use a clinic that specializes in this therapy. Simply smear on the numbing cream, lie back, and let them blast your crotch with a wand for 20 minutes.

▶**COST** \$3,000 to \$5,000 depending on the number of treatments needed.

▶**TIME COMMITMENT** Severe ED may require six to 12 sessions, spread out over a year.

▶**WHAT I EXPERIENCED** a painless vibrating sensation, followed by nearly two months of nighttime erections as if I were 15 years old all over again.

▶**EXPERT TAKE** A study published in the journal *Therapeutic Advances in Urology* concluded that low-intensity shock-wave treatment aimed outside the body "is a revolutionary treatment of ED and probably possesses unprecedented qualities that can rehabilitate erectile tissue."

▶**UNEXPECTED FINDINGS** The numbing agent they put on my penis wore off several hours later while I was having dinner at a Cuban restaurant with my 90-year-old grandmother. We were deep into a conversation about diabetic glaucoma when I felt something twitch in my loins, and I popped a tent like a teenage on the bus. I excused myself from the table and went to the bathroom to check myself. My penis was venous, big, and throbbing. Good thing I wore tight jeans. After dinner, I gave Grandma an awkward shoulders only hug goodbye.